COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN HEALTH PROMOTION-PROGRAM YEAR 2019-2020

COMPLETE ALL REQUIREMENTS

(60 HOURS)

AREA '

TAKE THE FOLLOWING COURSES:

ENG 1101 COMP AND MODERN ENGLISH I
ENG 1102 COMP AND MODERN ENGLISH II

3 HOURS

MINIMUM GRADE OF "C" REC

AREA I

TAKE ANY 1000 2000 LEVEL COURSE IN LITERATURE

3 HOURS

AKE ANY 1000 2000 LEVEL COURSE WITH AN EXPANDED HISTORICAL ND CULTURAL SCOPE IN FINE ARTS, INCLUDING THE DISCIPLINES OF 3 HOURS

ART, MUSIC, THEATRE, FILM, OR OTHER FINE ARTS AREA

TAKE ANY TWO 1000 2000 LEVEL COURSES WITH AN EXPANDED

HISTORICAL AND CULTURAL SCOPE IN THE HUMANITIES/FINE ARTS DISCIPLINES. INCLUDING ENGLISH. FOREIGN LANGUAGES. RELIGION

PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION,

SIGN LANGUAGE, INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/

FINE ARTS AREAS

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| HEALTH PROMO | | (42 HOURS) |
|--------------|--|------------|
| KHP 2211 | HUMAN NUTRITION | 3 HOURS |
| KHP 2251 | FOUNDATIONS OF PHYSICAL EDUCATION AND HEALTH | 3 HOURS |
| KHP 2260 | APPLIED FITNESS CONCEPTS | 2 HOURS |
| HSTM 3301 | LEISURE IN SOCIETY | 3 HOURS |
| KHP 3310 | D/L310 INTRODUCTION TO FOOD SCIENCE AND LAB | 3/1 HOURS |
| KHP 3316 | 6 COMMUNITY NUTRITION | 3 HOURS |
| HSTM 3340 | PRINCIPLES OF RECREATION | 3 HOURS |
| KHP 3350 | PSYCHOLOGY OF WELLNESS | 3 HOURS |
| SOC 3365 | SOCIOLOGY OF SPORT | 3 HOURS |
| HS 3370 | PROFESSIONAL COMMUNICATION SKILLS | 3 HOURS |
| KHP 3391 | TESTING & STATISTICAL INTERPRETATION | 3 HOURS |
| KHP 4427 | HEALTH BEHAVIOR | 3 HOURS |
| KHP 4442 | HEALTH EDUCATION | 3 HOURS |
| KHP 4458 | LIFECYCLE NUTRITION | 3 HOURS |
| MINOR REQUI | REMENT | (18 HOURS) |

AT LEAST ONE 18 SEMESTER HOUR MINOR IS REQUIRED TO COMPLETE THIS DEGREE PROGRAM. ADDITIONAL MAJORS ARE ACCEPTABLE.

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